



## Faculty of Health Sciences

School of Behavioural and Lifestyle Sciences

# Overview of the School of Behavioural and Lifestyle Sciences

- Department of Human Nutrition and Dietetics
- Department of Environmental Health
- Department of Human Movement Science
- Department of Psychology
- Department of Social Development Professions

# Department of Human Nutrition and Dietetics

**Qualifications offered:** Undergraduate degree - BSc Dietetics,

**Entry requirements:**

- To study dietetics, one should have an applicant score of 390,
- Subject requirements: have at least 60 % in Mathematics and Physical Science
- Post graduate programs: MSc Dietetics (Research), MSc Food, Nutrition and Wellness Studies (Research), PhD Dietetics (Research) and PhD Food, Nutrition and Wellness Studies (Research)

**Fields/career opportunities:** There are four main pillars in the education and work of a dietitian:

- Therapeutic Nutrition as part of curative health team,
- Community Nutrition to educate and support the community about a healthy lifestyle,
- Food Service Management to ensure the provision of healthy, balanced meals and
- Research to provide solutions to nutrition problems

# Department of Environmental Health

## **Bachelor of Environmental Health (4-year degree)**

### **Entry requirements:**

Minimum NSC statutory requirements for a degree with,  
A score of 390 and at least;  
50% for Mathematics, Physical Sciences and Life Sciences.

## **MSC Environmental Health (Dissertation)**

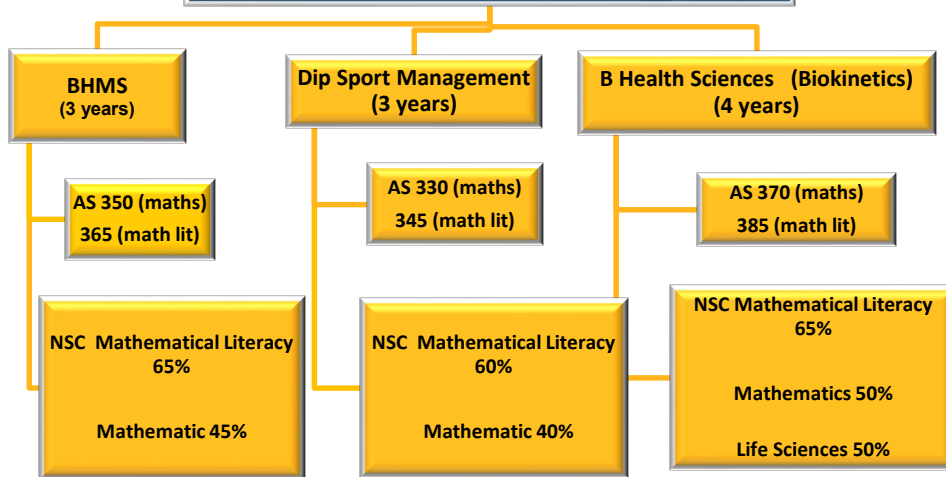
## **PhD Environmental Health (Thesis)**

### **Career opportunities**

Graduates may work for governmental organisations (Local Authorities or private industries). The scope of practice includes water quality, food control, waste management, health surveillance of premises, surveillance and prevention of communicable diseases, vector control and environmental pollution control.

# Department of Human Movement Science

## Career study fields



**Biokineticist**



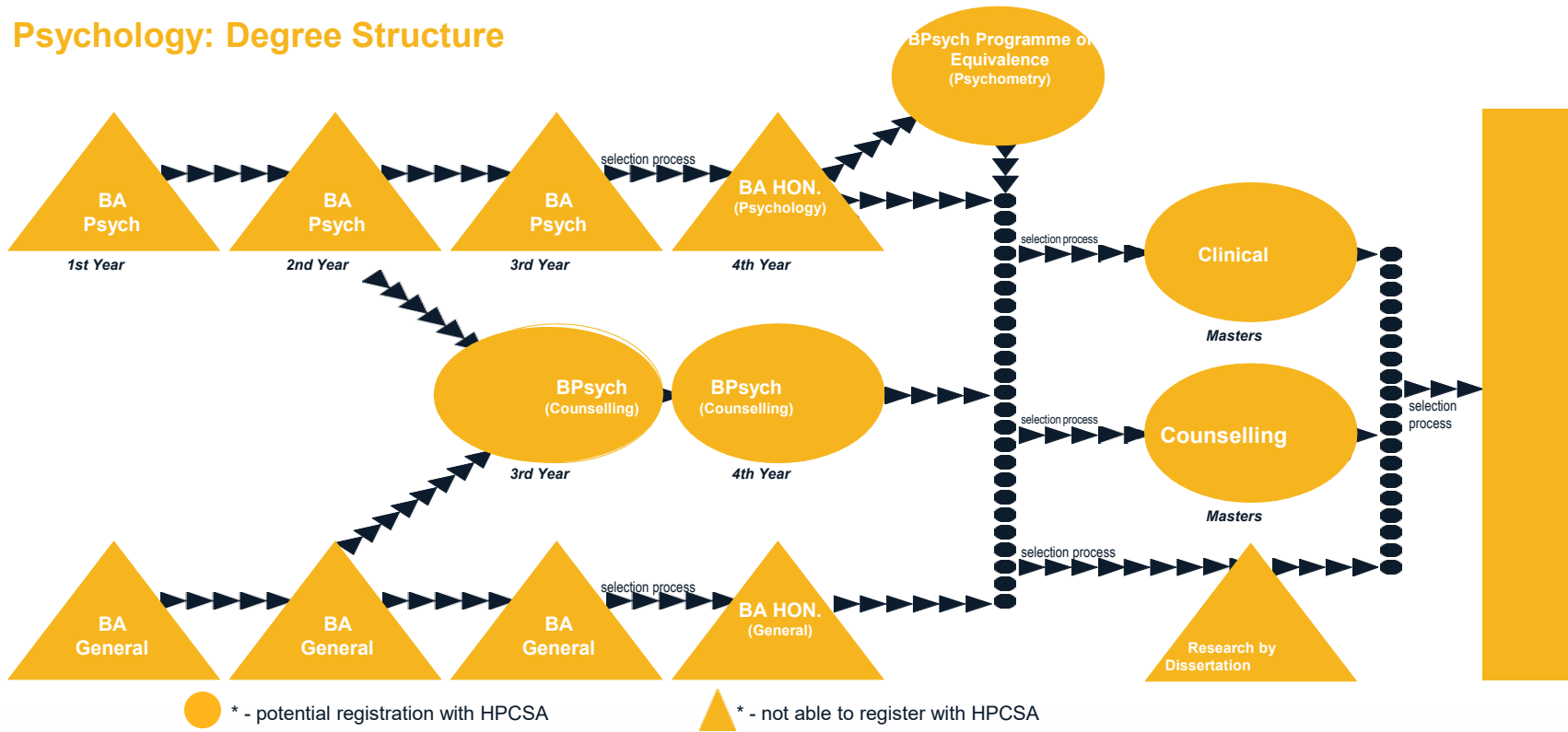
**Sport Scientist**



**Sports Manager**

# Department of Psychology

## Psychology: Degree Structure



# Department of Psychology

## Entry Requirements

- National Senior Certificate
- Mathematics at 45% with an Applicant score of 350
- Mathematical literacy at 65% with an Applicant Score of 365

## Career Opportunities

Psychologists are employed in various sectors. Registered Counsellor's can work in NGO's and government departments; Psychologists can work (in schools, government departments and in private practice); an Academic lecturer (Higher education); Psychometrist; as well as working in an Industry.

# Department of Social Development Professions

## Bachelor of Social work (4-year degree)

### Entry requirements:

An applicant with NSC Grade 12 Maths with an AS score 350

Applicants with NSC Grade 12 Maths Lit: AS of 365

NSC 40% Maths; Technical Maths 65%

## Master in Social Work (Research)

## Master in Social Work (Clinical)

## DPhil Social Development Professions

### Career opportunities

Social Workers are employed in various sectors. They work at various government sectors, ranging from Dept of Social Development; Health (in hospitals, primary health care clinics); Education (in schools and post school sectors), correctional facilities, Non-Profit organisations (e.g., FAMSA, NICRO); Community based organisations; in Industry and in private practice.





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