



# NURSING @ MANDELA

## A WORD FROM OUR HODS

*Written by Prof S Jardien-Baboo & Dr N Radana*

The academic year of 2021 is almost at end, so let us celebrate our achievements and successes! Once again we have emerged victorious in the face of all the ongoing and ever changing events in our lives. The final assessments have been completed, marks are being captured and many are waiting eagerly for the outcome of their hard work and to proceed to another year level. Of course, as healthcare professionals in training we are trained to serve and to render the best quality of care with knowledge, skill and compassion, so our nursing students will be working during the recess in order to achieve the clinical hours which is stipulated by the South African Nursing Council, as part of the course. We wish you well and know that you are our front runners and the face of the department of Nursing Science @ Nelson Mandela University.

Allow us also to thank our practice partners for their contribution towards the development of our students into professional nurses - they are: Lifehealthcare Mercantile, St Georges and Huntersraig Hospitals, Netcare Greenacres Hospital, Elizabeth Donkin Hospital, Livingstone Hospital, Dora Nginza Hospital, Provincial hospitals in Port Elizabeth and Uitenhage, all the Clinical areas within the Metro, where we place our students for Community, Midwifery and Psychiatric Nursing, and last but not least, our Clinical preceptors, with whom we would not have been able to accompany students within the clinical areas - thank you!

A very special thank you to the academics, professional administrative assistants, clinical laboratory team within the Nursing Science Department and all our colleagues within the various departments in Nelson Mandela University. We wish you a peaceful and restful festive season.

Take care and all the best

Prof Sihaam Jardien-Baboo & Dr Radana



**Prof Sihaam Jardien-Baboo**



**Dr Nolundi Radana**



A special word of thanks to an outstanding member of the Nursing Science Team, our deputy Dean in the Faculty of Health Sciences, Professor Dalena Van Rooyen. Despite your heavy workload, you continue to promote postgraduate doctoral students within the Nursing Science department. We thank you for all that you do for the department, for the faculty and for the university.

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# SPECIAL ACHIEVEMENTS



## INAUGURAL LECTURE - PROF J NAIDOO

We would like to congratulate our very own Prof Joanne Naidoo on her great achievement, she has become a FULL PROFESSOR!

Prof Naidoo has delivered her inaugural lecture titled: Stigma Syndemics & Symbolic (isms) in the context of HIV: Ways of Knowing in Health Care on the 18 October 2021 which aired at 17h30 on YouTube live.

Professor Naidoo is the Director of Research of the Faculty of Health Science and we are proud that she is part of the Nursing Science team.

## FACULTY RESEARCHER OF THE YEAR AWARD - PROF I TRUTER

In November of 2021, Prof Truter was nominated as the Faculty Researcher of the year, and of course she won the award.

She is a researcher of note and the research projects which she has undertaken, the postgraduate Masters and Doctoral students which she has successfully completed, the articles which she has published, her presentations at conferences and the research units which she leads, are among her many research related achievements. Professor Truter is the Director of the School of Clinical Care and Medicinal Sciences, of which the Department of Nursing Science forms part of, so we are justifiably very proud of her.



## NRF C3 RATING - DR D MORTON

We would like to congratulate Dr D Morton who is the Departmental Research Committee Chairperson on his achievement of attaining a C3 rating at NRF.

NRF ratings are allocated based on a researcher's recent research outputs and impact as perceived by international peer reviewers. It identifies researchers who count among the leaders in their fields of expertise and gives recognition to those who constantly produce high quality research outputs. We are privileged that Dr Morton is part of the Nursing Science Research Team!



- A big congratulations to Mrs C Bowers, who has been successful in the 2022 NFR (BAAP) grant application. This programme is a directed intervention aimed at promoting the development of academic staff by accelerating the training of Doctoral and Postdoctoral candidates to enhance their research training. Well done Candice!
- We would also like to congratulate Dr L. Smith on her promotion to Senior Lecturer, it is a great achievement for her and the department. Dr Smith completed her Doctor of Philosophy in Nursing, with Psychiatric Nursing as her focus area of research. She lectures in both postgraduate and undergraduate programmes, is developing the curriculum of the new postgraduate Diploma in Mental Health Nursing, and she supervises and co-promotes Masters and Doctoral students. These are some of the areas in which she has performed exceptionally well, leading to her promotion. Well done Dr Lourett!

## WELL WISHES



## DR N RALL

We would like to extend our sincere appreciation and well wishes to Dr N Rall, who has served many years in the department and has accepted a position in the another Department in the Faculty of Health Science, the medical school. Dr Rall completed her PhD in Nursing and her focus of research was simulation. We are very proud that she was successful in her application and offered the post of the Simulation Coordinator in the Nelson Mandela Medical School, which was officially launched in a spectacular event on 30 November 2021.

We are proud of you and thankful for all you have done for the students and the Department of Nursing Science, sharing your knowledge in Midwifery and Clinical Simulation.

## WELCOME

TO OUR NEW STAFF MEMBER



## MRS A MOOLMAN

We would like to extend a warm welcome to Mrs Ayabonga Moolman, who also in the past spent her time as an undergraduate student in the department, having completed her Bachelor of Nursing (BCUR) in 2013. She is now appointed as an Associate lecturer and will primarily be focusing on Midwifery. She brings with her clinical skills and knowledge in Midwifery, which will be beneficial to the students. Welcome Ms Moolman!

## Nurstoons

by Carl Elbing



www.nurstoons.com

# AWARENESS MONTH

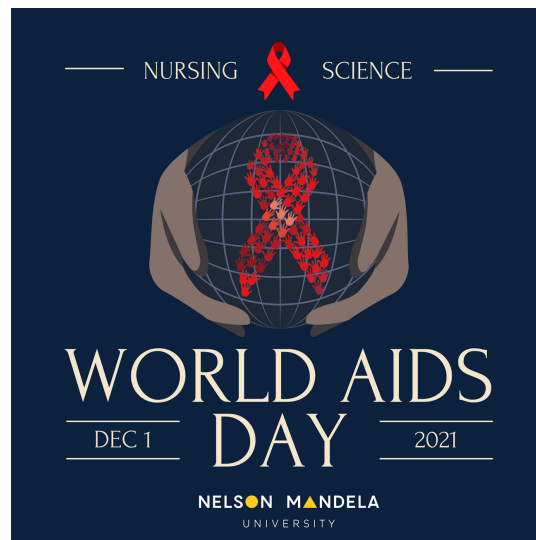
## DEPARTMENT OF NURSING SCIENCE SUPPORTS HEALTHCARE CAMPAIGNS

We would like to share some of the beautiful artwork designed by the Department of Nursing Science's Marketing Team in support of various global and local awareness campaigns, such as the October Breast Cancer & October Mental Health Awareness Month, November/November Prostate Cancer Awareness Month, 16 Days of activism against abuse of children and women (25 November 2021 - 10 December 2021), and World Aids Day (01 December).

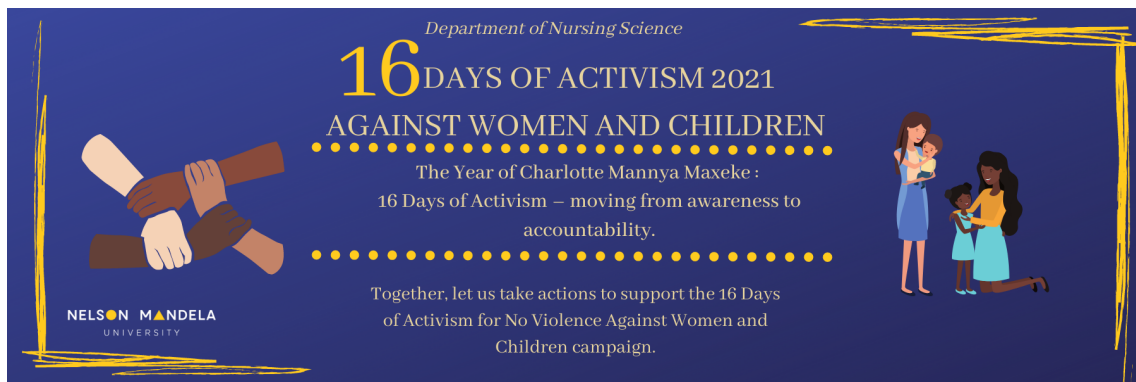


**Spread the Word.  
It's Breast Cancer  
Awareness Month**

NURSING SCIENCE



**Know someone who needs help? CONTACT**  
South African Depression & Anxiety Group  
(0800) 456 789



## The Exceptional Nurse Campaign

### TEN Campaign Night Run to Honour Healthcare Workers 2021, HOSTED ITS GQEBERHA LEG ON 16 OCTOBER 2021



The TEN campaign night run is a run originally organised for nurses in 2019 to help raise funds for The Exceptional Nurse (TEN) campaign. They use the funds for various activities such as helping student nurses with bursaries. This year -2021 – was the year of the health care worker and hence we celebrated all professions on the forefront of caring for patients. The run is done across all the provinces and ours was on Saturday 16th October at which started and finished at King’s beach (7km course).

The Department of Nursing Science had two second year students, Ms M. Mathebula and Ms V. Dlala assisting with general activities pre and post the race as well as our academic staff Ms J. Blatti and Ms K Gerber. Emergency Medical Care (EMC) students were present as well as many of our partners from practice, both nursing, physiotherapy, EMC environments as well as some doctors were among the many other runners.

Even though that at the time, the country was still under level 2 restrictions but amazingly 246 tickets were sold, which was quite evident due to the good turnout despite the wind and rain.

The funds raised this year will be going to student bursaries as we are in dire need of more nurses in SA.

We were privileged that Mrs Dawn Sixishe, from the Department of Health in the Eastern Cape, delivered a welcome address and opened the race. Thank you Mrs Sixishe!



Ms M. Mathebula and Ms V. Dlala



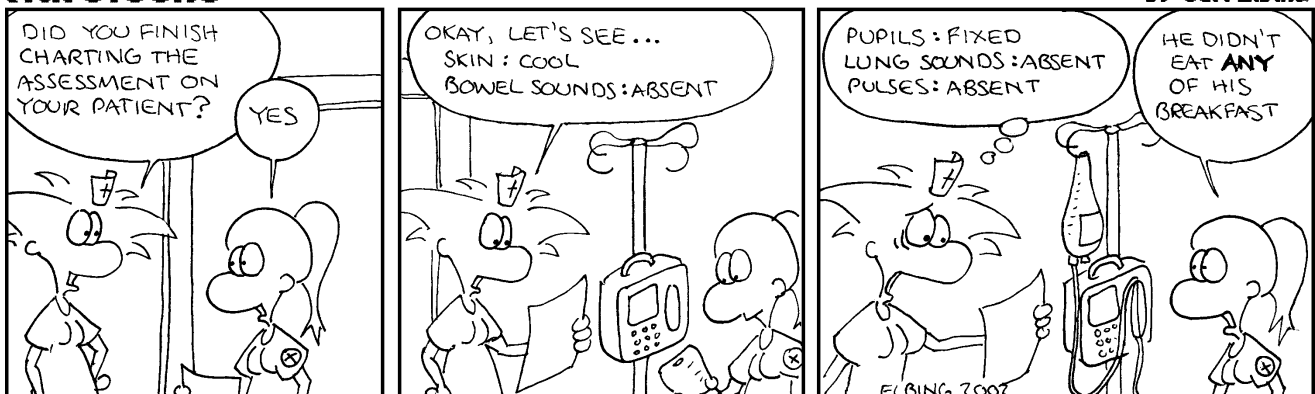
Ms K. Gerber and Mrs D. Sixishe



Ms J. Blatti

## Nurstoons

by Carl Elbing



www.nurstoon.com

## STAFF MENTAL HEALTH AWARENESS PREPAREDNESS TRAINING WORKSHOP

On 07 October the Executive Dean of the Faculty of Health Sciences, Prof Zukiswa Zingela piloted an interactive and informative preparedness training workshop on Staff Mental Health, where she and her team; Dr Zangqa, Dr Tshona, and Mr Nkombini facilitated skills to use as coping techniques to enhance mental and emotional wellness.



## 2021 SIMULATION TRAINING WORKSHOP

The Clinical Lab team hosted a 3 day Simulation training workshop on the 23rd, 24th and 25th of November 2021, for our Academic staff and Clinical preceptors for technical training on All Laerdal Products utilised in the Clinical Simulation Labs, most of which are low, medium & high fidelity simulator manikins and various task trainers.

Thank you to Mr Rod Campbell from Survival Technology for the excellent training and to the Clinical lab team, Mrs Esme Smith, Mrs Candice Du Plessis, Ms Lindelwa Futshane, Mr Ubaid Ritches and Mr Kabelo Makwela!

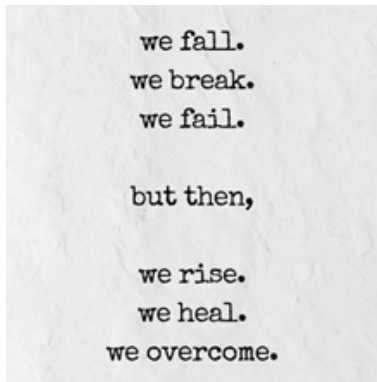


# STUDENT UPDATE

## Counselling and academic support services Student counselling service

Student Wellness Services are available Monday-Friday, (08:00-16:30) excluding public holidays. Please note that due to Covid-19, counselling is available via electronic means.

Student to please complete the Request for Counselling form via the following link: <https://emthonjeni.mandela.ac.za/Request-for-Counselling-Nelson-Mandela-University>



## Academic support

Please note that the following academic support service is available to all students – each student will be put in touch with a Success coach to assist with academic challenges:

To contact a Success Couch, student to please email: [LearningDevCoaching@mandela.ac.za](mailto:LearningDevCoaching@mandela.ac.za)

For emergencies during evenings, weekends, and public holidays, please contact:

- Higher Health 24 hour Toll-free Mental Health Helpline 0800 36 36 36 or SMS 43336
- Suicide Emergency Lines: 0800 21 22 23 (08:00-20:00) / 0800 12 13 14 (20:00-08:00) / 0800 567 567 or SMS31393
- Substance Abuse 0800 12 13 14 or SMS 32312
- Cipla 24hr Mental Health Helpline 0800 456 789
- Gender-based Violence Support 0800 428 428 or SMS for call back \*120\*7867#
- Life Line: 0861 322 322 (Counselling available 24/7) or [www.lifelinesa.co.za](http://www.lifelinesa.co.za)

## SANC UPDATE

Congratulations to all our 2021 graduates on their successful registration as community service nurses with the SANC. We wish them well in their professional journey.

### NOTICE!!!

A kind reminder to all nursing practitioners to pay their annual fees on or before 31 December 2021 to avoid penalty fees. The annual fees for the calendar year 2022 for different categories of practitioners are due on or before 31 December 2021. The full SANC Circular and Government Gazette on annual fees can be accessed on [www.sanc.co.za](http://www.sanc.co.za), click on PUBLICATIONS and then on SANC CIRCULARS on the drop-down menu. GOOD NEWS!! There is no increase in fees for 2022. The 2022 fees are set out below:

#### NORMAL FEES

CATEGORY	ANNUAL FEE FOR 2022
Registered Nurses and Midwives	R700.00
Enrolled Nurses and Midwives	R418.00
Enrolled Nursing Auxiliaries	R293.00



**South African Nursing Council**  
*Regulating nursing, advocating for the public*

#### DISCOUNTED ANNUAL FEES FOR AGE 60 AND OVER

Nurse practitioners who will be 60 to 64 years of age on 1 January 2022 will qualify for 25% reduction as per the table below:

CATEGORY	ANNUAL FEE FOR 2022
Registered Nurses and Midwives	R525.00
Enrolled Nurses and Midwives	R314.00
Enrolled Nursing Auxiliaries	R220.00

# Academic Calendar - 2022

**UNIVERSITY OPENS**  
**Monday 03 January 2022**

## TEACHING CYCLES AND ASSESSMENT AND RECESS PERIODS

Recess:	Saturday, 01 January to 2022	Sunday, 09 January 2022	9 days
Quarantine for period for re-assessment period	Friday, 07 January 2022	to Sunday, 16 January 2022	10 days
2021 End of Module Re-assessments (Year End):	Monday, 17 January 2022	to Tuesday, 25 January 2022	7 days
First Year Student Success Programme (Online)	Monday, 24 January 2022	to Friday, 04 February 2022	9 days
Quarantine period for M2M First Year Student Success Programme	Friday, 28 January 2022	to Sunday, 06 February 2022	10 days
First Year Student Success Programme (M2M)	Monday, 07 February 2022	to Friday, 11 February 2022	5 days
Quarantine period for teaching cycle 1	Friday, 04 February 2022	to Sunday, 13 February 2022	10 days
Teaching Cycle 1:	Monday, 14 February 2022	to Thursday, 31 March 2022	33 days
First teaching cycle recess:	Friday, 01 April 2022	to Sunday, 10 April 2022	10 days
Quarantine period for teaching cycle 2	Friday, 01 April 2022	to Sunday, 10 April 2022	10 days
Teaching Cycle 2:	Monday, 11 April 2022	to Tuesday, 31 May 2022	33 days
Study Period	Wednesday, 01 June 2022	to Sunday, 05 June 2022	5 days
End of Module Assessments (Mid-Year):	Monday, 06 June 2022	to Monday, 27 June 2022	18 days
Second teaching cycle recess:	Tuesday, 28 June 2022	to Sunday, 17 July 2022	20 days
Quarantine period for re-assessment period	Friday, 08 July 2022	to Sunday, 17 July 2022	10 days
End of Module Re-assessments (Mid-Year):	Monday, 18 July 2022	to Friday, 22 July 2022	5 days
Quarantine period for teaching cycle 3	Friday, 15 July 2022	to Sunday, 24 July 2022	10 days
Teaching Cycle 3:	Monday, 25 July 2022	to Wednesday, 07 September 2022	32 days
Third teaching cycle recess:	Thursday, 08 September 2022	to Wednesday, 14 September 2022	7 days
Quarantine period for teaching cycle 4	Monday, 05 September 2022	to Wednesday, 14 September 2022	10 days
Teaching Cycle 4:	Thursday, 15 September 2022	to Friday, 28 October 2022	32 days
Study Period	Saturday, 29 October 2022	to Monday, 31 October 2022	3 days
End of Module Assessments (Year End):	Tuesday, 01 November 2022	to Monday, 21 November 2022	18 days
Fourth teaching cycle recess:	Tuesday, 22 November 2022	to Saturday, 31 December 2022	21 days
Quarantine period for re-assessment period	Tuesday, 03 January 2023	to Thursday, 12 January 2023	10 days
2022 End of Module Re-assessments (Year End):	Friday, 13 January 2023	to Monday, 23 January 2023	7 days

PLEASE AHEAD!

**NOTE:** In the event of exams being disrupted, the University reserves the prerogative to extend the exam period for a reasonable time beyond the planned end of exams.



# CORE VALUES OF THE DEPARTMENT OF NURSING SCIENCE

The core values of the Department of Nursing Science, in line with the values of the NMU, are the beliefs that describe, define and direct our work and are grounded in the development of a professional nurse and nurse specialist, who embrace clinical and scholarly excellence.

## Our core values are:

### CARING

Caring is the essence of humanity and the basic constitutive phenomena of the human experience. Caring encompasses the interest, concern, compassion and kindness we demonstrate for our students, colleagues and the community. Caring can be further defined as facilitating the teaching-learning process, advocating for the needs of others and mentoring our students and novice colleagues.

### CULTIVATING EXCELLENCE

We believe in encouraging, collaborating and sharing knowledge and experience among colleagues and students in developing and implementing innovations for the advancement of nursing education, practice and research. We believe that it is important to encourage and develop leadership, creativity and scholarship; therefore we nurture potential, challenge the intellect, foster creativity and commit to continued personal and professional growth and development.

### INTEGRITY

We believe that our actions must be based on an internally consistent framework of principles such as honesty, fairness, truthfulness and trustworthiness, while holding ourselves to the highest standards of professional and ethical conduct.

### RESPECT

We believe that all human beings possess inherent worth and deserve unconditional respect and therefore, we: (a) acknowledge the values of others by treating them with respect, (b) exemplify good human relations skills such as courteousness, consideration and responsiveness to others, (c) act in a dignified professional manner and (d) listen to others carefully and ask for clarification when necessary.

### DIVERSITY

We believe in creating an environment of inclusiveness where individual, intellectual and social diversity are valued because we are responsible for developing the potential of every individual of our diverse community.

### PROFESSIONALISM

Professionalism is the essence of the Department of Nursing Science and it creates a climate to encourage personal development of accountability, responsibility, dependability and commitment through collaboration, co-operation and mentoring.

### ALTRUISM

We believe that nurses put the welfare of their patients first and are ethically required to take care of patients sometimes risking their own safety and health.

## CONTACT DETAILS OF THE NEWSLETTER TEAM

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Nursing Science: Nelson Mandela University  
Link : <https://www.facebook.com/NMUNursingScience>



<https://nursing.mandela.ac.za/>