

# NEWS

May 2014 - Edition 3

Compiled by: Kirsty Kriek

## Our Faculty is Growing by the Year

South Africa is currently in the process of introducing the National Health Insurance (NHI) system. This system aims to provide all South Africans with efficient and quality health care services at an affordable price, despite their socio-economic standing.

With the introduction of the NHI comes added pressure for the Faculty. There is now a growing need to produce quality Health Care Practitioners who will be able to contribute their skills to the increased number of citizens seeking professional help.

The Faculty of Health Sciences has taken this increased need in their stride. Not only have the Faculty's 2013 graduates increased by approximately 34 percent against the 2012 graduates, but the Faculty is also introducing a range of new courses.

In 2013, the Faculty introduced a Higher Certificate in Pharmacy Support, an Advanced Certificate in Pharmacy Technical Support and a Bachelor of Science in Dietetics. This was followed by the introduction of the Bachelor of Emergency Medical Care in 2014.

This is however just the beginning. Over the next few years, the Faculty will be introducing a large number of new qualifications as well as a much anticipated Medical School.



Above: First year EMC students participating in Practical Training



Above: "The Hearty Hamburger", as presented in a Dietetics practical test

# 2013



# Graduates



# NMMU Students Win Big FIFA Prize

Comparing women's football in Germany and South Africa, and proposing some recommendations to develop the practice of this sport here, led to FIFA and the International Centre for Sport Studies (CIES) awarding two Nelson Mandela Metropolitan University (NMMU) students with the 2014 Fifa/CIES International University Network Prize.

After examining the 10 international projects, the jury awarded the prize to the work presented by Yoliswa Lumka and David Kappel, two students of the sixth edition of the NMMU/Fifa/CIES programme in sport management, on "Women's football. Competition and Player Development". The jury consists of representatives from FIFA, CIES and academia.

Both students, who will now travel to the organisation's headquarters in Switzerland as part of their prize, were overjoyed at news of their success.

"It hasn't really sunk in yet. We're overjoyed," says Yoliswa who, along with David, both attained their Fifa/CIES qualification *cum laude*. David obtained 85% as the top student and Yoliswa 82% as the second-placed student out of a class of 29 students.



**Above:** David Kappel (left) and Yoliswa Lumka (right) accepting their gifts.

## Roxanne Wins Gold at SA Modern Pentathlon Championships

Congratulations to Roxanne Damseaux, a first year Sports Management student in the Department of Human Movement Science on winning a gold medal at the SA Modern Pentathlon Championships held in Bloemfontein on the 5<sup>th</sup> and 6<sup>th</sup> of April 2014.

Modern Pentathlon is an Olympic sport consisting of 5 disciplines namely: Show jumping (Horse Riding), fencing, swimming, running and shooting.



## First Graduating Class for Higher Certificate in Pharmacy Support



**Above:** The graduating class along with the pharmacy staff who supported and lectured them in 2013

This year the Pharmacy Department celebrated the first ever graduation of Pharmacy Technical Assistants in South Africa. A graduation dinner and award ceremony was held for the graduating class on the 16<sup>th</sup> April 2014 at the North Campus conference centre. The evening was made possible through funding from the US President's Emergency Plan for AIDS Relief (PEPFAR) and CDC/South Africa, managed by the American International Health Alliance's HIV/AIDS Twinning Center.

Mrs Teri-Lynne Fogarty (programme coordinator for Midlevel worker programmes in Pharmacy) presented certificates to the top 3 academic achieving students during the award portion of the evening.

- 1<sup>st</sup> place – Shante Gerber
- 2<sup>nd</sup> place – Siphokazi Matika
- 3<sup>rd</sup> place – Megan Felix

A lovely evening was had by all and the department looks forward to including the graduation of the first Advanced Certificate in Pharmacy Support (Pharmacy Technicians) into their graduation events in 2015.



**Above:** Mrs Teri-Lynne Fogarty presenting certificates to our top 3 students for 2013 (From left to right): **Shante Gerber, Siphokazi Matika and Megan Felix**

# The Phelophepa Train of Hope



**Above:** Some of the Psychology students assisting on the Phelophepa train

The Phelophepa (pronounced pay-lo-pe-pa) train, also known as the mobile hospital, provides the underprivileged population with the highest quality care and education.

The train brings the best of modern medicine to those in need. The Phelophepa train consists of six on board clinics including: the health clinic, a pharmacy, EduClinic, dental clinic, eye clinic and a psychology clinic.

The train hosts over 40 permanent staff members and a number of volunteers, this year 12

Psychology and Pharmacy students volunteered their services on board the train.

The Faculty of Health Sciences thanks these volunteers for their contribution to our society.

## Staff Members Receiving their Doctorate Degree's

Congratulations to the following staff members:



Above: Dr Zoleka Soji (HOD: Social Development Professions), obtained her D Phil (Social Development Professions). Her research topic was "Practise guidelines for supporting youth-headed families to enhance their resilience."



Above: Dr Sihaam Jardien-Baboo (Department of Nursing Sciences), obtained her D Phil. Her research topic was "A best practise guideline for patient-centred care in public hospitals in Nelson Mandela Bay."



Above: Dr Mbali Keele (Department of Pharmacy) obtained her D Phil. Her research topic was "Development of a Bulbine frutescens and Carpobrotus edulis cream in collaboration with African traditional healers of the Nelson Mandela Metropole".

## Nursing Students Taking the Pledge



**Above:** Nursing Science Graduate, **Ms LG Mukwevho** (Left) and Director of the School of Clinical Care Sciences, **Prof van Rooyen** (Right)



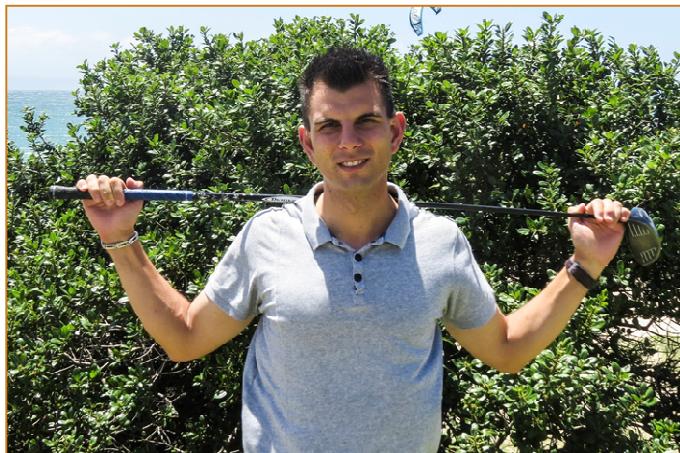
**Above:** Nursing Science graduates, **Ms J Goliath** (Left) and **Mr J Smith** (Right)

At NMMU the Department of Nursing Science honours the tradition of the pledge or oath of service taken by nurses worldwide at the completion of their training.

This year's pledge of service ceremony took place on Saturday, 12 April, at 4.00pm, at the South Campus Auditorium. Guest speakers included Dr M Williams, Dr S du Rand and Dr S Jardien-Baboo who shared their personal experience in nursing.

All staff participated in the preparation for the pledge of service to ensure that all proceedings ran smoothly, in true nursing tradition!

## Heading to the USA!



Congratulations to Sport Management student, **Seamus McHugh** who has been selected to represent South Africa at the World Deaf Golf Championships which is being held in Michigan, USA from 14 to 18 July 2014.

The Faculty wishes him all the best as he prepares for this event and we know that he will be a true ambassador for NMMU and South Africa.

# Childhood and Youth Research

As part of the collaboration between Gothenburg University, Sweden and NMMU (Social Development Professions and Research Capacity Development), an international seminar was held on the 27 & 28 of February 2014. This seminar was aimed at childhood and youth development.

NMMU's Masters and PhD students, as well as academic staff have a

better understanding of doing participant observation with small children and solving the challenges in analysing narrative material. This is due to two researchers from the University of Gothenburg, each having a full workshop day where participants worked with observations and tried their hands in analyses.

PhD Anette Hellman based her presentation on her work and observation methods used in her doctoral dissertation "Can Batman be Pink", where she observed young boys in two pre-school settings. She focused on the way in which young boys interact and demonstrate caring and empathy, thus giving a new dimension to what constitutes "boyishness".

Lecturer Susanne Lijeholm Hansson used narratives from the youth residing in the disadvantaged areas of Gothenburg, to illustrate "The Struggle to Become Somebody". She especially focused on the voices of young women.

This workshop was the third childhood workshop organised jointly under the support of the Global University Project, which is a collaboration between the University of Gothenburg and NMMU. This year's workshop was attended by 25 participants from a number of different departments in NMMU, as well as from the University of Gothenburg.

Through the cooperation and networking among workshop participants, in addition to new skills in qualitative research, several ideas for joint articles were fostered as well as plans for teacher exchanges north-south. Hence, the value of this kind of international and interdisciplinary research became apparent in several ways.

Organisers of all the workshops in the series from 2012-2014 were Professor Maren Bak (University of Gothenburg), Dr Blanche Pretorius and Dr Zoleka Soji from NMMU.



## Saying Thanks to Helping Hands

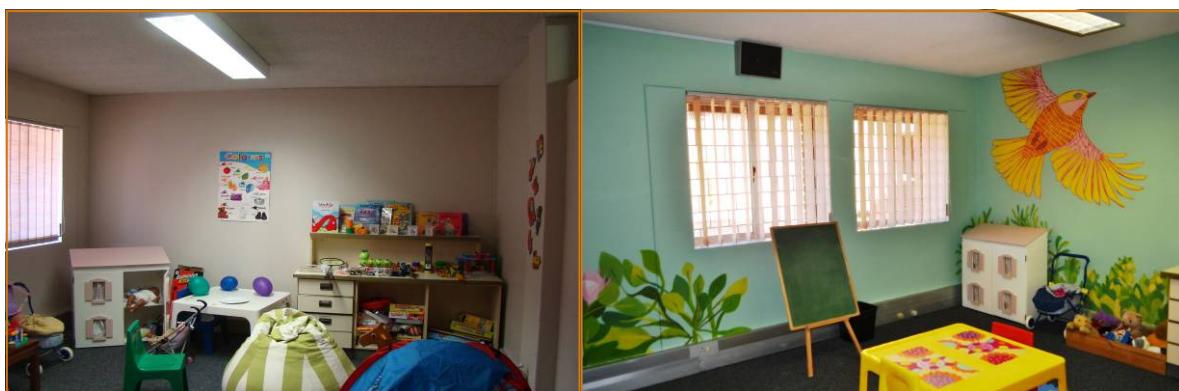


Above: From left to right: **Prof Louise Stroud** (Director of the School of Behavioural Sciences), **Joy Black** (contract lecturer in Studio Arts), **Dominique Coelho** (Project Administrator), **Prof Vic Exner** (Dean of the Faculty of Health Sciences) and **Dr Jennifer Jansen** (Clinic Manager) standing in front of the mural

On Thursday, 15 May 2014, an event called "Saying Thanks to Helping Hands" took place. The event was held on Missionvale Campus in the newly renovated Psychology Clinic. The purpose of the event was to thank students and staff members from the Faculty of Arts, as well as Technical staff members from NMMU, who sponsored their time and equipment in upgrading not only the UCLIN playroom, but other facilities within the clinic as well.

An amazing mural was designed and painted by members of the Faculty of Arts, on the walls of the playroom. This was done to create a warm and safe environment for the children. Not only did the Faculty of Arts design and paint the mural, but they covered all the expenses involved. It is with hope that the newly established working relationship continues to grow between the Faculty of Arts and Psychology for future initiatives and projects that may arise.

The Faculty of Health Sciences as well as the Psychology department, would like to thank the Faculty of Arts, as well as all individuals who were involved from Technical Services, for assisting us in creating a safe and memorable environment for the children at the Psychology Clinic.



Above: The clinic before and after the renovations were completed

## Psychology Awards Evening



The Psychology department celebrated excellence by awarding eleven recipients, top achiever awards. The recipients were selected from the Honours, Registered Counsellor, and Masters programmes. The event was held at Singa Lodge on 10 April 2014. With the recipients in the picture are the organizer of the event, Mr Justin August , Prof Louise Stroud (Director of the School of Behavioural Sciences), and Prof Diane Elkonin (Head of the Psychology Department).

## Congratulations



The Faculty of Health Sciences would like to extend their congratulations to Wafeekah Begg (2009 Edition CIES/NMMU cum laude student) on completing her International Master's degree in Sport Law (cum laude) at the ISDE (Instituto Superior de Derecho y Economía) in Spain.

# **SOCIAL WORK STUDENTS INVOLVED IN COMMUNITY ENGAGEMENT THROUGH WORK BASED PLACEMENTS**

The Department of Social Development Professions saw their 2014 cohort of 3<sup>rd</sup> year Bachelor of Social Work students enter their work based placements at the Department of Social Development Professions and Special Programmes in February 2014. Ninety students are placed at the six service offices servicing approximately 450 client systems.

Issues that are addressed are amongst others, kinship foster care placements, substance abuse, relationship problems, child protection and family preservation.

A requirement for their practical placement is a valid registration with the South African Council for Social Service Professions.

Here students are seen taking the pledge to uphold the ethical obligations of the profession prior to entering work based placements.



The Department has a training /service partnership with NICRO ( The National Institute for Crime Prevention and the rehabilitation of offenders ). Third year students are involved in a pre-sentence prevention programme with offenders by presenting a 6 week group work programme . Through this programme students reach approximately 600 clients while also gaining work based experience in group work as method of intervention.

As part of their third year practical work, third year students enter their designated communities and through engagement compile a community profile and identify possible projects for community development .

# Pharmacy Oath and Awards Ceremony

The Pharmacy Department hosted the Pharmacist Oath Ceremony on the 13th April 2014 in the South Campus Auditorium. The BPharm graduates proudly pledged the Pharmacist Oath in English or isiXhosa. The graduates also participated in a 'White Coat' Ceremony. During this ceremony the graduates are given a white pharmacist coat which they accept as a symbol of accepting the responsibilities and ethical responsibilities of the profession. The function was sponsored by Alpha Pharm, PPS and the Pharmaceutical Society of South Africa.

Amongst the dignitaries that graced the function were Prof Nanette Smith (Director: School of Medicinal Sciences), Mr Rory Whittle (Alpha Pharm Wholesale), Mr Peter Giltrow (Chairman of Cape Midlands Branch of the PSSA), Vuyo Mquu (PPS representative) and Mr Clive Stanton (Alpha Pharm Retail Group).

The function also included an award ceremony in which academic excellence was recognized. The top student of each year in Pharmacy received a sponsored prize as well as an award medal and certificate from the Academy of Pharmaceutical Sciences, presented by Prof Shirley-Anne Boschmans. The top students in each year of the BPharm programme were: BPharm1 - Miss Yasmine Khan, BPharm2 - Miss Roxanne Gerber, BPharm3 - Ms Mayi Nanyonga, BPharm4 - Ms Lana Strydom.

Prof Shirley-Anne Boschmans also presented Certificates for Academic Achievement to the top 5 BPharm4 students of 2013: 1<sup>st</sup> Miss L Strydom, 2<sup>nd</sup> Mr A Mutombwera, 3<sup>rd</sup> Mr M Weder, 4<sup>th</sup> Mrs L Goitsemang, 5<sup>th</sup> Mrs B Gaolebe

Thanks to a great effort from staff and sponsors we enjoyed a successful event that will be sure to continue as a tradition for many years to come.



**Above:** Pharmacy students reciting the Pharmacist Oath



**Above:** Prof Shirley-Anne Boschmans (Head of the Department of Pharmacy), is joined by: Ms Mayi Nanyonga (left), Miss Yasmine Khan (right) and Ms Lana Strydom (far right)



**Left:** The top five BPharm4 graduates for 2013 (from left): A. Mutombwera, B Gaolebe, M Weder, L Strydom, L Goitsemang

## Raising Awareness

Saturday, the 17 May 2014 might have been slightly chilly, but that didn't stop all those involved in the Nursing and Health profession, coming out and taking part in the first NEA 5km Nurses Fun Run/Walk on South Campus at the MADIBAZ Athletic stadium.

The 5km Nurses Fun Run was organised by the members within the School of Clinical Care Sciences and NEA representatives. The purpose of the run was to raise awareness for the Nursing Education Association (NEA).

The NEA strives to support a community of nurses who deliver quality nursing education in addressing the health needs of the people in our country. We are proud to say that approximately 130 individuals took part in the first Fun Run/Walk. The Nursing Science Department as well as The Faculty of Health Sciences, would like to thank all participants for supporting this cause.



# Open Day 2014

This year's Open Day was filled with excitement as our departments got their creative juices flowing in following this year's theme. The theme for this year's Open Day was to "see your future from a different angle". The Faculty of Health Sciences would like to congratulate all our departments on the hard work they put into creating their impressive stalls.

